

EATA Newsletter

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EATA NEWSLETTER

EUROPEAN ASSOCIATION FOR TRANSACTIONAL
ANALYSIS N^o 129 October 2020

*Welcome to Belgrade
2021*

The purpose of the European Association for Transactional Analysis is the following:

- To promote knowledge and research on Transactional Analysis, to develop its theory, and to ensure agreed standards of practice.
- To promote cooperation in Europe in the field of Transactional Analysis.
- Membership: the members of the Association are affiliated members of EATA through their national, regional, international or specialist TA Associations, which are affiliated with EATA.
- The rights and conditions of Affiliation are decided by the EATA Council and laid down in the Council Regulations.
- Only exceptionally individual members can be accepted where special circumstances warrant this.

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Dear members,

Our world has shifted its usual primary and preferred channels of communications. We spent our childhood, education and professional training learning and getting accustomed to building trust contracts and form lasting bonds in face to face interactions. For many of our freshman students, new to TA, this year started differently via mediated online connection. With that shift, stroke exchange patterns have also changed quite dramatically. Dance, hugs, pet on the shoulder, kisses, glass-raising and handshakes are out of our lives for the moment. We are reaching out to our “stroke banks” to recall those meaningful strokes from the past, reactivate our social memories in order to motivate ourselves during the prolonged period of deprivation and restrictions in movement, social events, initiatives in entertaining, in other words deprivation in spontaneity and physical contact. On the other side, there are plans already going on in our community for the reconnection next year. In 2021, TA Research and Theory Development Conference on Developing Autonomy and Resilience. July 16th to 18th, will be hosted in Belgrade, Serbia. Personal and organizational resilience has been such an important and life changing topic during the difficult times of 2020. Whole world has been put to test to deal with the challenges of maintaining autonomy, nourishing intimacy and surviving the battle within ourselves to emerge victorious and preferably resilient. How to deal with the fear and uncertainty of our global situation? How to cope with personal issues, struggles and questions and at the same time be available to others? How to support our strengths and yet remain vulnerable at the same time?

These existential questions will be addressed during the Conference. We are welcoming your thoughts and active participation in theoretical discussions and research experience-exchange around listed topics as well many others. Let’s stay connected and focused on our professional roles, duties and above all, belonging to the world of TA.

Kristina Brajovic Car
 EATA Newsletter Editor

Presidential note

We are new – members of Executive Committee:



Uta Höhl – Spenceley as General secretary

Elena Soboleva as Vice president

Barbara Clarkson as vice president

Sylvia Schachner as vice president

Anna Krieb as treasurer

Marianne Rauter as Executive secretary

Peter Rudolph as president

I am happy that we are now complete for the next part of our journey. We will do our best to maintain the quality of EATA standards, to foster encounter of EATA members in Europe and all over the world.

We are living in moved times and EATA is a vital, strong organization with diverse interests and sophisticated development needs. It is helpful and appropriate that EC is now completed. The amount of work is impressing.

We did and do some work

- Council and AGM took place online. This was not easy and – related to earlier experiences – frustrating. There were tensions about Birmingham cancellation and problems with the organization of such a complex process in such a format but all in all we worked successfully and effective. If the pandemic keeps as a dominant condition, we will develop and offer a changed version for council.

For the results see the minutes that have been published already.

- Birmingham Cancellation – the cancellation of the conference and the following problems brought us to experiences that were extreme, burdening and at the limit of voluntary engagement. On the other side we got strong support and experienced an encouraging togetherness of a worldwide group when we cooperated as presidents and chairs. We did already speak about the process that took place between the chairs group and the organizing committee – so I will not continue to do this here. Some groups and persons have asked for an investigation group concerning the communication process. We do not agree to these proposals because of the complexity of the topic and the unclarity of such an investigation instrument.

We as EC initiated and started together with ITAA and other involved associations the following processes:

- we installed an insolvency team that accompanies the insolvency manager and takes care that information is available to protect our members money as good as possible.

- We installed an ITAA/ EATA task force to review all structures, roles and processes that are relevant for World conferences.

- In this context we reflect how to guarantee that we have enough knowledge and competence for such processes available for voluntary executives. One option could be to involve professional organizers.

- We had a deep, open and honest reflection about our learning needs as presidents who manage such an international event.

- We discussed the impact to the collegial culture of TA if we shift more to processes and structures that include more effective control and other directive management tools.

- Online Exam – the question of online exam and online TEW has become urgently. It was important for us that a change in the methodology of exams was discussed and reflected deeply. We installed a think tank. One of the actions was a questionnaire about the assessing of training members about online exams and online work. Additionally, we discuss this issue in the context of TAWCS (Transactional Analysis World council of Standards). Our aim is to find clear, effective and reliable answers that protect the quality of our standards and the mutual recognition between our associations.

- Linking of Script and EATA newsletter – we appointed a stronger cooperation between the editors Robin Fryer of Script and Kristina Brajovic Car of EATA newsletter. We want to provide EATA members access to reports about TA practice from all over the world. We are convinced an attitude of 'We first and mainly all alone' is neither helpful nor adequate in these times.

- The worldwide webinar team of EATA and ITAA that started with the Covid 19 webinars continues its work by offering worldwide encounter options referring to other topics that are relevant for TA practitioners. We enjoy and appreciate the close cooperation with ITAA.

- Barbara Clarkson our new vice-president who is responsible for conferences works on preparing the Belgrade conference in 2021.

We accompany important processes of the committees and we are thankful and impressed by the good work that is done under the current conditions.

As EC we work for the functioning, the growth and the improvement of EATA. Challenging questions will have to be answered that touch the identity of EATA. It is a pleasure (mostly) to face these challenges.

A Heartfelt Message from the Presidents of EATA and ITAA

by Peter Rudolph and Elana Leigh

“You may say I’m a dreamer
But I’m not the only one
I hope someday you’ll join us
And the world will be as one.”

John Lennon, 1971

Imagine ...

that we have one world and one TA community—this is one of the aims that we work for as presidents and executives of ITAA and EATA. One TA community does not mean that we are all the same. It does not mean that we just have one big organization. It means that we take responsibility for belonging together as a rich and diverse community.

To be together means that we respect and maintain our different identities. If we understand identity as a construct that balances our internal and external aspects, our history and our environment—and if we accept that this construct helps us to live and act in our world—we can take these different identities as a base from which to come together and to form a common body called the worldwide TA community.

As one part of this coming together, we have embarked on a project to share our newsletters, The Script and the EATA Newsletter. The editors of these publications will cooperate to develop an exchange of interesting articles. EATA members will receive access to two editions of The Script per year, and ITAA members will be informed when the new EATA Newsletter is available online (open access). Our interest and aim is to connect all of our members and to offer access to images of TA realities from all over the world.

In this way, we will continue to develop as one community and contribute to a world that is less focused on “me (or whatever) first” and more on an ideal of mutual OKness and connection.

These words express and are deeply reflective of our cooperation, a heartfelt collaboration whereby we work harmoniously for the greater good of our international community.

Peter Rudolph is EATA President and can be reached at president@eatanews.org. Elana Leigh is ITAA President and can be reached at elanaleigh23@gmail.com.

What would Eric Berne have told us during Covid-19?

Michele Novellino, TSTA-p/c
In the interlude between winter and spring this leap year, the world has collided with the overwhelming beginning of a pandemic that still shakes individuals, families and institutions.

Personally, I found myself in the midst of the early social impact that the virus has also had on our community of transactional analysts. The national conference organized in those days of March had to be cancelled, while with a few colleagues we decided to hold the EATA exams anyway.

After a few days, the Italian government had to decide on a sudden lockdown, which kept millions of people, adults and children, indoors. We've all been very close to ourselves, as I haven't been for a long time. I closed my office to patients... but not to myself... I kept going every morning to where I've been working for forty-five years. Maintaining my habits helped me very psychologically, along with obviously the physical presence in the house of my wife Maria Teresa, and the Skype calls with children and grandchildren, friends and colleagues.

I spent my hours in the office with some therapy and supervision sessions sometimes over the phone, sometimes via Skype. I had many free hours, as I did not even have during the first months that I had opened my professional practice. I found a great comfort in writing, producing in two months what I usually edit in one or two years. I wrote a novel at last! A dream I had been cultivating for years, without ever being able to find the time... perhaps courage?

The book, already published in English as an e-book, is entitled 'The man who was born Pinocchio. A matrioska.' Then I picked up my old idea about angular transactions and made an article about it: thanks to EATA for having accepted to publish it. Last but not least, I thought about our community of transactional analysts. I did it respecting our roots, imagining what Eric Berne could have said about what was happening all over the world.

I soon realized that Berne had already clearly expressed himself in his magnificent book 'Structure and dynamics of organizations and groups', a book of the year 1963. In light of what is happening in the world in 2020, his is a timeless book. Berne makes understand to all of us transactional analysts and all psychologists interested in groups, what is happening in the world because of this disturbing character called Covid-19. An hitherto unknown actor who has drastically changed both the concrete reality of all and our perception of the present and the future.

Mr. Covid-19 is just the latest protagonist of events that have always strained the resilience of individuals, groups and organizations. Let's read what our founding father writes:

“ It will be noted that the police represented an unpredictable, autonomous, powerful force from the external environment. Such influences, which threaten the structure of a group from without, represent a special class of forces which are of decisive importance in the history of a group. An invading army, a hurricane or an order from higher authority are all representatives of this class. Since again the first task of a group is to ensure its own survival, all other work tends to be suspended in the face of an external threat, and the group mobilizes its energies to engage in the external group process...A group in this state may be called a combat group. In dire straits, if the will of the group to survive is strong, the whole membership is drawn into the external apparatus and devotes its energies directly or indirectly to fighting the threatening external environment.”
(p. 37)

Berne illustrates the group dynamics of a destructive force coming from outside, setting as the first example Group S. A group based on a seance, a set of people who believe in the existence of ghosts. What are our ghosts today, in the days of the Covid-19? In my opinion there are two types, individual and collective. The former refer to the re-emergence of our deepest fears, for example when we felt alone and abandoned and did not see the time for our parents to come and save us. The second type has to do mainly with the spread at the speed of light of so-called fake news: secret labs worthy of a James Bond movie, international plots worthy of the history of the Protocols of Zion, and so on.

Berne strongly emphasizes what is at stake for a group during an external attack:

“The most important thing about any group is the very fact of its existence. A group that ceases to exist becomes a mere historical curiosity, like ancient Egypt or Assyria. Hence, the overriding concern of every healthy group is to survive as long as possible or at least until its task is done.” (p. 90)

And again, he writes what must happen to a group from the very beginning of the history of humanity:



“ The effective survival of a group is measured by its ability to do organized work.” (p.92)

It is not difficult to find this concept in the enormous, laborious mobilization that all humanity has put in place to contain the catastrophe that was galloping from China to the rest of the world.

All this frenetic activity has involved transversal organizations such as the UN, the WHO, together with governments, ministries, even armies in some cases. In the health field, many initiatives have started by the associations of doctors and psychologists, up to and including niche organizations, for example the international and national associations of us transactional analysts.

The whole world has activated much of its humanitarian defense potential to protect the Homo Sapiens species from enormous health, socio-economic and psychological risks. The need for survival of groups and individuals made it possible to limit the paralyzing terror of what was happening to the first phase of denial: in a short time we all accepted the first proof of our fragility in decades. We have given ourselves Permission to recognize fear, the need to pursue our Protection and that of future generations, using all the Potency we had at our disposal. Who would have thought that entire communities, cities, nations, would be able to adapt to a lockdown?!

Let us rely on the message that our Berne left us as a legacy: humanity has survived an endless list of catastrophes, many of them natural, he writes about typhus and unfortunately we can add the Covid-19. It would be wonderful if we could at least contain the catastrophes that follow from our pathological behaviors: wars, dictatorships, violence in short. The only catastrophe that Berne could not foresee is the environmental one. The latter has not been canceled by any virus.

“The external forces that threaten to disrupt a group at any given moment make up the external pressure. This may include any force whatsoever that does not come from the members themselves and that threatens to intrude or has intruded into the group space. Typhoons, termites, torpedoes, typhus, troops and orders from higher authority all may be treated alike from the point of view of group dynamics, since they are all dealt with by the external group apparatus.”(p. 96)

The battle with Covid-19 is new, the war for the survival and protection of human evolution is ancient. The hope that derives from Berne's legacy is twofold. On the one hand it is that of being at the level of our ancestors who have been able to win many challenges to guarantee our future; on the other hand it is to be able ourselves to guarantee that of the new generations. The battle with the virus will pass, the one with the environmental disaster is to be fought.

Good luck to all of us.

TDRC News

About the forthcoming Conference in Belgrade, 2021.

Sylvie Rossi PTSC CHAIR, October 2020

Dear colleagues, I have the pleasure to announce that Organizing Committee and Scientific Committee started to work and to collaborate intensively with an aim to prepare the conditions for safe and successful TDRC Conference. 2020 was the year that started with the global crisis that demanded cancelation of all EATA examination and conference activities. Health crisis is still affecting us hard as we are in the process of strategic work on the Conference planning and developing of the options and alternatives should travel restrictions remain in place. Nevertheless, our humanistic tradition calls for the anticipation of the crisis resolution and planning of future steps in reconnection.

We are honored to announce that the Keynote Speakers have confirmed their presence at the Conference opening in person! Laura Bastianelli and Keith Tudor will present their work and with that open the EATA TDRC 2021. Conference.



Keith Tudor is a Professor of Psychotherapy at Auckland University of Technology. He is a qualified social worker and psychotherapist, a writer and an activist. His previous experience includes active membership of Big Flame (a revolutionary socialist organisation);

Bush News (a local West London community socialist newspaper); being a volunteer with/ally of La Lega per il Diritto al Lavoro degli Handicappati [The League for the Right to Work of Disabled People], Milan; and a co-founder and member of the Sheffield Male Violence Project. Since 2009 he has been is a member of Ng Ao e Rua (a bicultural group of psychotherapists and health care providers), and an associate member of Waka Oranga (an organisation of M ori therapists). He is the editor of Psychotherapy and Politics International (Wiley-Blackwell, Oxford, UK), and the co-editor, with Alayne Hall of Ata: Journal of Psychotherapy Aotearoa New Zealand (The New Zealand Association of Psychotherapists, Inc., Wellington, Aotearoa New Zealand).

He is the author and editor of 12 books including *The Turning Tide: Pluralism and Partnership in Psychotherapy in Aotearoa New Zealand* (LC Publications, 2011), which offers a critique of statutory regulation of psychotherapy from a post-regulation landscape. He is currently working on several critical projects including: (with Max Farrar and Kevin McDonnell) *Big Flame: Reappraising the Politics of a Revolutionary Socialist Organisation* (Merlin Press); *Psychotherapy: A Critical Examination* (PCCS Books); and a short series on *Radical Therapy*.



Laura Bastianelli is a psychologist, psychotherapist, Teaching and Supervising Transactional Analyst (psychotherapy).

She lives in Rome, Italy, where she works in private practice as a psychotherapist and supervisor. She is also a lecturer and researcher at the Salesian University in the Scuola Superiore di Specializzazione in Psicologia Clinica [Upper School for Specialization in Clinical Psychology] and a trainer at the Istituto di Formazione e Ricerca per Educatori e Psicoterapeuti [Institute of Training and Research for Educators and Psychotherapists] (IFREP).

Laura is a founding member of the Istituto per la Prevenzione del Disagio Minorile [Institute for the Prevention of Minors' Distress] (IDPM). Since 2013 to 2016, she has been the chair of the transactional analysis theory development and research committee of the European Association for Transactional Analysis (EATA).

Laura Bastianelli currently works at Istituto di Ricerca sui Processi Intrapsochici e Relazionali. Their current project is related to Outcome measures for TA oriented psychotherapy, and the quantitative and qualitative study of outcome and process in humanistic-existential psychotherapies.

The ethical?

Transactional Analysis and the Deconstruction of Jacques Derrida – questing the phenomenology of the ethical

Part One

Robin Hobbes, EATA Ethical Advisor

I'm going to explore Transactional Analysis and the ethical. What does it mean to say something is ethical or to claim that what I do is unethical.

I've recently got interested in the phenomenology of the ethical. What is the felt experience embedded in the word ethical? The word itself, ethics, has ethos within it and "ethos" includes the sense of "an accustomed place" – a form of familiarity. So maybe there is something familiar in the phenomenology – certainly we use the word ethical a lot implying much common ground when it is present.

The other day I asked a group of Transactional Analysts to consider a situation where the thought comes to them that the person they are listening to is saying that they themselves are doing something unethical. I kept the exercise as vague and imprecise deliberately. I wanted to hear from them what the felt sense of something ethical or unethical starting to "come into the room" was like. Because of Covid we were on Zoom and I asked them to write one word that has in it that emerging sense of the ethical. Looking at the chat box on my computer a whole variety of words appeared – "scared", "mysterious", "unknown", "regret", "dread" and so on. The experience of the "ethical" was hard to grasp and did not have a common word attached to it. Every response was different – what the ethical is as it lives in and amongst us

appears to be both mysterious and unique and yet is also strongly shared.

What is the ethical?

I turned to a French philosopher Jacques Derrida. He was born in 1930 in Algeria and died in 2004. In the philosophical world he was both a respected and disrespected figure. He called himself a deconstructionist but meant by this the bringing together (construction) through the taking apart (deconstruction). If I was writing something different to this rather garbled attempt to examine the ethical I'd want to explore how a project that comes under the banner of Transactional Analysis seems like a project involving deconstruction of forms of identity and creation of new forms of identity – but here I intend to focus on the ethical.

Derrida is also called a phenomenologist – in the tradition of Husserl and Heidegger. This group of philosophers were fascinated by the question "What is the experience of existing?" An aspect of Derrida's existing experience relates to him being born and living in Algeria. Born into a Jewish French colonial family he once described himself as a "little black and very arab jew". I'd say he calls himself an outsider or to us Transactional Analysts a "martian".



He describes himself as an outsider – much like a Transactional Analyst might. She observes from a position of “outside”. Similar to the phenomenologist she wishes to know the other’s experience of the world and knows, through being with them, experiencing herself with her client, of the other. It is here in this self/other complex that Derrida suggests the phenomenology of the ethical will be found.

Let’s go a bit further ...

Derrida makes a very important distinction in his writing between what he calls the singular and the general. This distinction is not presented as a dichotomy – something to choose between. He identifies these two aspects as being integral to all forms of human living and that the presence of both needs to be known. One example he draws on relates to the legal system. From the perspective of the “general” (I might say “the social”) he writes of the Law. The rules we are expected to follow. Where these rules aren’t followed then our culture considers we have “broken” the law and sanctions should be applied. The law and the breaking or following of it is a social, rule based event and is a requirement for social groups to live together. Derrida calls this the general.

At the same time there is something that he calls the singular and here Derrida calls on the word justice. Justice is always unique and is found through a following of the uniqueness of each person and the ways in which their owned ways of living such as the choices they take, the actions do rest on the uniqueness of that individual. This is usually accommodated within legal systems in which a jury established if a rule was broken but a judge looks at the individual who has broken a law and through the examination of the individual applies a “unique” justice. Derrida applies this same singular/general aspect to ethics. He places the general, or social in the world of morality. We might say that in our various codes of ethics there are rules. Our community considers that membership of our community requires us to bear them in mind and follow them. We hear language like “ a breach in the ethics code has occurred”. However, in addition, Derrida finds the singular in what he calls ethics. Here there are no pre-existing rules. Here there is an individual whose choices and actions are the result of her uniqueness of being. This also is in the domain of the ethical. They appear to contradict one another but in fact they complement each other. I’m arguing that it is here, in the quest for the phenomenology of the ethical, we find a place to look – we’re going to find it somewhere in or between the singular/ uniqueness and the general/social.

As Derrida says “ If I know what to do, well, I would apply the rule, and teach my students to apply the rule. But would that be ethical? I’m not sure. I would consider this unethical. Ethics start when you don’t know what to do, when there is this gap between knowledge and action, and you have to take responsibility for inventing the new rule which doesn’t yet exist.”(For Theory - found in Life.After.Theory – Continuum 2004)

In the next Newsletter I will develop this argument through looking at a number of specific TA concepts to aid us in grasping the phenomenology of the ethical.

PTSC updating, reporting and highlighting

Much work has been done following to the pandemic, in order to see how to best support trainees and trainers in such an unprecedented and unforeseeable situation; one of the areas that has been investigated is the possibility of holding online CTA exams, that is introducing a change of modality, while maintaining rigorous standards. The goal of this work has been understanding the possible implications of this option, both on the evaluation process itself and on the entire system of EATA. In this turmoil which has and is affecting the lives of all of us the idea is to support reflections in thinking on our immediate professional future, which will be impacted meaningfully by what we are experiencing and living through, since last march.

Several different groups have been working in developing thoughts and ideas about these possible changes, both within PTSC, where a number of issues connected with online exams were addressed and outside of it, with the support of PTSC.

A group made up of professionals coming both from out of the TA world and from within it - the Think Tank -, developed reflections, through a co-creative work and raised some

questions about introducing this possible new process.

In working together, throughout discussions and exchanges diversities and similarities unfolded, in the course of this process, and both the group and individual participants evolved in their thinking and new positions and thoughts emerged.

Following to this work a questionnaire was outlined, including some of the issues that were raised, and it was sent to all trainers of EATA.

The idea was to collect information reflecting the position of trainers coming from different countries and cultural backgrounds about this possible new option. The answers to the questions were then processed, in order to make informed decisions both related to standards and to EATA's policy.

The next step will be discussing the results and conclusions of each of the groups involved, so as to decide a clear direction. All the material developed is to be "food for thought" on many different levels, within PTSC, within the Executive, and within our members, in order to further develop a shared culture about training and evaluation.

Written Exam Workshops for Evaluators

Several questions have been asked about this workshop, both by individuals and by groups from different countries in the course of the last few months.

The philosophy of this workshop is originated from an approach based on lifelong learning, more specifically on the key competencies needed to approach complex challenges, as defined by the UE (21st century skills lifelong learning 2018).

The WEW also stems from the observation that there are, at times, differing interpretations of standards and regulations indicated in the Handbook.

This workshop is aimed at sharing the rationale connected with the TA exam evaluation process, while raising awareness about the evaluation process in itself and supporting competence and skills of present and future evaluators.

It has been developed with the goal of looking at assessment and rating as an educational process where participants can discuss possible answers to some frequently asked questions, when faced with the task of evaluating and marking CTA exams: What are the criteria used? Which core competencies need to be demonstrated in the exam? What evidence needs to be looked for?

Two other important goals of this workshop are providing the opportunity to approach exam evaluation in a multicultural perspective, within the established training standards indicated in the Handbook, and last but not least keeping up-to-date with some further aspects of the evaluation, that have been introduced, such as, for example, the attention to the dyslexia policy.

Important information for trainers

Due to the pandemic and connected restrictions in running all the planned WEW in different countries the requirement has been postponed to December 1st, 2021. The participation to a Written Exam Workshops for Evaluators will therefore be a training requirement for PTSTAs and CTA TS in 2021.

PTSC has then decided to offer, free of charge, a number of workshops in different places, and in different languages as well, so as to facilitate the participation for all trainers and evaluators during the next few months.

The forthcoming ones are:

In German in Rosrath –Germany- November 10, 2020., In French in Sete - France November 23, 2020., in Milton Keynes – England, April 19, 2021.



Important information concerning trainers and CTA trainees.

PTSC has received several questions related to exam recordings to be brought to oral exams. We wish to remind to candidates and trainers that all information concerning oral exams, and the three recordings to be taken is indicated in the Handbook, there are no changes in the requirements.

International news – from the Script

Launch of Exciting New Book Series on “Innovations in Transactional Analysis”

by **Bill Cornell**

As the Transactional Analysis Journal celebrates its 50th year of publication, we are also celebrating a new book series entitled “Innovations in Transactional Analysis” published by Routledge/Taylor & Francis, the premier publisher of books in the social sciences and the publisher of the TAJ.

Three years ago, as the ITAA was completing negotiations for Routledge to begin publishing the TAJ, Adam Burbage, the senior editor for Routledge journals, suggested the possibility of a new book series devoted to transactional analysis. Both the ITAA Board of Trustees and the book side of Taylor & Francis enthusiastically supported the project, and because of my background both as a TAJ editor and the editor of a number of books in TA and psychoanalysis, I was asked to become the series editor.

Early in 2018, Routledge Senior Editor for Global Mental Health Kate Hawes and Editor 2 Susannah Frearson began working with me and the TAJ/ITAA team to define the nature of the series. The title and theme gradually emerged as we looked at the evolution of the Journal and how a book series could further extend the reach of transactional analysis into the broader mental health and social sciences communities.

The theme of the continuing evolution of TA theory and practice within the four fields of application was particularly attractive the Routledge editors because it is unique in their experience of psychotherapeutic and psychological models.

From the beginning, it was clear that these books were not to offer reiterations of current theory but rather writings that broke new ground in both theory and applications:

This book series is founded on the principle of open discussion, debate, critique, experimentation, and the integration of other modalities in fostering innovation in all areas of transactional analytic theory and practice: psychotherapy, counseling, education, organizational development, health care, and coaching. It will be a home for the work of established authors and new voices.

In 2019 we received three very different proposals for books in the series, each of which was reviewed and accepted by the Routledge editorial team. All three were published in July of this year, and we are delighted to announce them here: Transactional Analysis of Schizophrenia: The Naked Self by Zefiro Mellacqua; Groups in Transactional Analysis, Object Relations, and Family Systems: Studying Ourselves in Collective Life by N. Michel (Mick) Landaiche; and Contextual Transactional Analysis: The Inseparability of Self and the World by James M. Sedgwick.

Each of these books situates creative discussions of transactional analysis within broader ranges of relevant theories and disciplines. Watch upcoming Scripts for interviews with the authors and the TAJ for reviews of all three books.

We also hope to do video interviews with the authors that will be available online at some point.

So far this year three additional proposals have been granted offers to publish with a couple more in earlier stages of development. Those currently under contract are *On the Edge: New Theory and Applications of Transactional Analysis in Organizations* edited and introduced by Sari van Poelje and Anne de Graff; *Group Therapy in Transactional Analysis: Theory Through Practice* by Anna Emanuela Tangolo and Anna Massi; and *Radical Relational Transactional Analysis* by Karen Minikin. It is going to be another exciting, productive year for the series.

For those interested in submitting a proposal for the series, the first step is to contact me with your initial ideas, and I will send you

the formal Routledge/Taylor & Francis author proposal form. Once the details of the proposal have been worked out between the author(s) and me as series editor, the proposal will be sent for outside reviews. If the reviews are positive (which may include requests for further refinement), the proposal and reviews are sent to the Routledge editorial team. They sign off on the offer to publish, and then we go to work. The time line to reach publication is typically a year and a half.

It is my hope and intention as series editor to bring out the work of new, challenging TA authors and practitioners to demonstrate the contemporary relevance, breadth, and depth of transactional analysis. Bill Cornell is consulting editor of the *Transactional Analysis Journal* and can be reached at

wfcornell@gmail.com .



** 20% discounts for ITAA and EATA members on the Innovations series books by using code BSE20 at Routledge.com **

From the Script: **ITAA Awards**

Honoring Our Colleagues

by Steff Oates



Whenever you are engaged in work that serves humanity and is for the building of humanity, it has dignity.

Martin Luther King, Jr. (2015)

When we realized that the conference in Birmingham would not go ahead due to COVID-19, there were many meetings that we had to convert to online sessions. Usually, ITAA's awards are presented during some of those meetings, but given the number of awards for 2020, we soon realized it would not work to do that this year. So, Chitra Ravi, Deepak Dhananjaya, Elana Leigh, and I put our heads together to think of a way to make giving the awards truly celebratory online, taking into account the many time zones of ITAA members. As we talked (via Zoom, of course), we became like giddy teenagers planning a party.

Eventually, we came up with a "virtual" meeting on 24 July at a time that would accommodate as many of the awardees as possible. We invited Adrienne Lee to emcee the event and invited previous Eric Berne Memorial Award winners to "gather" online a little early so we could do a screen shot of them with this year's winners, thus fulfilling a long-standing ITAA tradition.

Adrienne as host did everything we hoped and knew she would to make the event fun and moving. We began with our very own grande dame Fanita English receiving the first Fanita English Lifetime Achievement Award, which was established in her honor. This award was the brainchild of Diane Salters, who wanted a way to commemorate the enormous contribution Fanita has made to the TA worldwide community over her 103 years (so far!). During the ceremony, Fanita continued to inspire. She gave a wonderful speech about some of her experiences, making many of us giggle with her tale of switching from being a psychoanalyst to becoming a transactional analyst. She also reminded us of the central role David Kupfer played not only as her mentor, trainer, and friend but as someone who did important work to foster the growth and development of TA in the early days in Carmel with Eric Berne. Fanita also spoke of her

appreciation for Robin Fryer and said what many of us feel: that Robin should be the recipient of many awards for her incredibly long and dedicated service.

Adrienne moved us on with complete grace and aplomb, clearly touched by Fanita's speech. She introduced EBMA Committee chair Lis Heath to present the 2020 EBMA winners. Lis described the amazing number of nominators for Graeme Summers and Keith Tudor and just how important it is for their work to be recognized in this way. Then, they gave an engaging "cocreated" speech in which they alternated describing how they came up with many of their ideas, some during table tennis matches with a flip chart nearby so they could write down their ideas.

Adrienne, holding our process with the lightest of touches, moved the process along to Elana Leigh, who presented (with great clarity for someone who was talking at 4 am her time!) the Bob and Mary Goulding Social Justice Award to Leonard Campos. He described his long years of activism, from when he met Bob and Mary Goulding in 1968 to today when he joins marches for Black Lives Matter. Leonard implored us to make "good trouble" when we encounter injustice. Among the many appreciations expressed for Leonard in the Zoom chat room, one summarized our feelings by saying, "You rock, Leonard!"

Next, Susan George, chair of the ITAA Research Award Committee, presented the 2020 award to the Laboratory Research on Self and Identity (LaRSI). The award honored the landmark work of Pio Scilligo and the 18 members of the LaRSI group. Susanna Bianchini and Davide Ceridono explained the group's work using an interesting set of slides, which ITAA Vice President of Development Deepak Dhananjaya helped us to view. Susanna explained how LaRSI bridges practice and research and is keen to develop a research culture in TA and to introduce trainees to research.

Adrienne once again introduced Elana Leigh to present an ITAA Service Award to Krispijn Plettenberg. Elana expressed gratitude to Krispijn for the role he played as EATA President in fostering enormous strides forward in ITAA and EATA working together. Krispijn spoke of how happy he is that Elana and current EATA President Peter Rudolph are continuing what he and Diane Salters began in terms of the two organizations collaborating in whatever ways they can.

I followed that by presenting Sally Holligan with the Hedges Capers Humanitarian Award. I talked about how Sally personifies humanitarian work with her steely determination and her conviction that “it is always too early to give up hope.” With grace and humility, Sally moved many of us to tears in describing her deep personal involvement with a prisoner on death row and her involvement with refugees in Paris and Athens. She spoke movingly about the incredible courage of the people she has met. Many in the chat room expressed awe and that they felt inspired by Sally’s work.

Reference

King, M. L., Jr. (2015). *The radical King* (C. West, Ed.). Boston, MA: Beacon Press.

Steff Oates is ITAA Vice President Research & Innovation. She can be reached at lcfan@me.com .

The evening concluded with Elana presenting an ITAA Service Award to Diane Salters. Just on time, Fanita English returned to the ceremony after a short break to see Diane receive her award. Elana spoke about the gratitude we feel toward Diane for steering a steady ship in often tumultuous waters and recounted the many ways Diane has served ITAA over the last 2 decades. Diane was visibly moved and spoke about her gratitude and appreciation to so many friends around the world with whom she has worked.

I think one comment in the chat room summarized the event for many of us. Sue Brady wrote, “Thank you to all those who are responsible for this event. Congratulations to all the recipients—so well deserved. I feel honored to be part of a community with so many awe-inspiring individuals.”

Exam Corner

Exam successes

Roma, June 20th, 2020.

Successful CTA candidates in the field of psychotherapy

Francesco Bartocci
Sara Belvisi
Davide Bergamo
Serena Bisson
Martina Bocchi
Dora Cosentini
Erica Da Sacco
Ottavia Della Porta
Francesca Ferrari
Ludovica Genovese
Maria Pia Gisario
Luciana Francesca Guerra
Claudia Luciani
Giuseppe Manca
Erika Massaccesi
Beatrice Moretti
Luisa Nicolosi

Beatrice Pace
Chiara Pagano
Giada Panfili
Giancarlo Pavan
Maria Laura Piras
Gianluca Ricci
Roberto Rossu
Laura Ruffini
Francesca Segaricci
Elisa Stella
Paolo Stella
Simona Stravato
Valentina Tocca
Laura Trasatti
Francesca Zarlenga
Francesco Zinchiri

Thanks to examiners

Andreini Cinzia
Anfuso Iris
Angelucci Iolanda
Bastianelli Laura
Bergerone Chiara
Bianchini Susann
Bisan Tamara
Bodano Barbara
Branca Valentina
Caizzi Cristina
Carozza Eleonora
Cau Luca
Ceridono Davide
D'Alessandriis Lucio
De Luca M. Luisa
De Nitto Carla
De Villa Davide
Foca Francesca
Fratte Nadia
Frazzetto Tiziana
Giacometto Rosanna
Giordano Guiliano
Guarise Monica
Gubinelli Massimo

Iapichino Stefano
Inglese Rita
Jovine Alessandra
Liverano Antonella
Mastromarino Raffaele
Martorello Katia
Messana Cinzia
Onnis Annarita
Papagni Pasqua
Patrussi Silvia
Pira Andrea
Pulvirenti Amelia
Riccioli Emilio
Rossi Mariangela
Rubinato Samuela
Scantamburlo Licia
Schietroma Sara
Scoliere Mara
Senesi Annacarla
Seriani M. Livia
Spallazzi Domitilla
Vasale Massimo
Ziglio Moira

Exam Coordinator: Silvia Tauriello

Assistants: Roberta Sanseverino, Claudia D'Aversa, Emilia Corrias, Raffaella Barbon

Process Facilitator: Maria Teresa Tosi, Laura Bastianelli (in Rome), Mariangela Rossi, Raffaele Mastromarino (in Mestre, Venezia), Carla Montixi (in Cagliari)

EATA moderator: Giorgio Cavallero



Invitation for the TA Research and Theory Development Conference, July 2021.

Dear colleagues, members of EATA

You are kindly invited to attend our 2021 Conference on the theme: **Developing Autonomy and Resilience.**

We are welcoming you in **Belgrade, Serbia between July 16th and July 18th 2021.**

Agenda:

- **Council - 10th - 12th July**
- **Exams - 13th - 14th July**
- **Conference - 16th - 17th July**
- **TEW - 19th - 20th July**

Looking forward to sharing your ideas and knowledge with us!

Kind regards,
Organisational team of 2021 Conference

TA Tribe

*Online Transactional Analysis Training and Supervision
for Coaches, Consultants, Teachers and Trainers*



Tribe Foundation Programme

Online Workshops 2020 -21

Lynda Tongue (TSTA-org) is offering a new series of online workshops from September 2020. This series aligns with the Certificate in Developmental TA, awarded by the International Centre for TA Qualifications (ICTAQ), and leads to **TA Practitioner** status. However, you are also welcome if you simply wish to refresh your TA theory, or perhaps are not seeking TA qualification at this time but are looking for continuing professional development.

This programme offers Developmental Transactional Analysis (DTA) theory and its application in the organisational context. The workshops give an opportunity to revisit, refresh or learn anew in small groups the powerful psychological approach to communication and confidence building that DTA offers.

The workshops are 6 hours duration, and the fees are £85 plus vat. They are live, highly interactive and are supported by workshop materials including powerpoint slides, reference and further reading lists and a workshop paper. The workshops aim to run twice a month and there is a discount offered for block bookings of five workshops.

For more information on the workshops, visit: www.ta-tribe.com/tribe-wshops.

Tribe Advanced Practitioners Group (TAPs)

Online Workshops 2020-21

This group is for those who have 2 – 3 years (or more) TA training experience and who have therefore got a good grasp of the core concepts. Once again, the group is for those who are intending to qualify in TA as well as those who are only interested in continuing professional development.

The Diploma and Advanced Diploma subjects and approaches will be covered over a rolling period of two to three years. The Diploma leads to **TA Advanced Practitioner** status, and the Advanced Practitioner to **TA Master Practitioner** status. The workshops are monthly, of two days duration (Friday and Saturday) and are also online. The fee is £190 plus vat. Theory topics will be covered on the Friday, in order to deepen TA learning and application and Saturday is a supervision day. Individual and cascade supervisions will be conducted as required. Participants are also encouraged to bring recordings of their work, and to request live feedback on their teaching and/or coaching.

For more information on TAPs workshops, visit: www.ta-tribe.com/taps-wshops.

TA-Seminare Dr. Anne Kohlhaas-Reith

www.ta-kohlhaas-reith.de

| WORKSHOP WITH RICHARD ERSKINE, PH.D., VANCOUVER, CANADA |

DATE: MARCH 26, - MARCH 29, 2021

**TITEL: APPLYING CHILD DEVELOPMENT THEORY AND RESEARCH IN PSYCHOTHERAPY
WITH ADULT CLIENTS AS WELL AS IN THE FIELDS OF COUNSELING, EDUCATION AND
ORGANIZATION - FOR DETAILED DESCRIPTION PLEASE SEE ABOVE WEBSITE**

FEE: € 990,00 | PREPAYMENT AFTER REGISTRATION € 200,00 | LANGUAGE: ENGLISH

PLACE: WALDKIRCH, NEAR FREIBURG/BREISGAU, GERMANY

START: FRIDAY 10 AM | END: MONDAY 2 PM

REGISTRATION: WEBSITE OR BY MAIL:

kohlhaas.reith@t-online.de



ORGANISATIONAL TRANSACTIONAL ANALYSIS

If you want to be a consultant or coach in organisations, we invite you to consider training as an Organisational Transactional Analyst.

This year at The Berne Institute we are running a new tailor-made FOUNDATION YEAR in Organisational TA. The course leader is Anne de Graaf who is joined by some outstanding international TA Organisational trainers. You can join the course after having done a TA101.

The Berne Institute also offers you a **two-year advanced Organisational TA course**, in which you learn to apply TA in organisations, become an Organisational Consultant or Coach specialising in Transactional Analysis. You may join this course after completing any Foundation year or even concurrent with our own new Organisational Foundation.

It is important to point out two essentials aspects of this course:

- **The focus on people in role:** searching, finding, making and taking up a role is essential in life, and even more so for anyone involved in and committed to organisations and groups.
- **The focus on collective behaviour:** studying group-behaviour to get a better understanding of the structure and dynamics of groups in order to create options for successful interventions in organisations.

Participating in the Organisational TA course at The Berne Institute is a unique opportunity to meet other managers, (team)coaches, consultants, business owners working in, for or with organisations. Together, we can discuss, analyse and understand the structure and dynamics of groups and organisations. Organisational TA brings you new ways to improve your leadership and coaching and stimulate organisational change and transformation. The course leader is Marian Timmermans from the TA Academy in The Netherlands.

The course consists of 6 two-day modules (three each year) and 6 assignments. It is possible to take the Organisational TA Diploma exam at The Berne Institute and if you want to gain a Masters' Degree (MSc) in Organisational TA (accredited by the Middlesex University) you will need to collect the relevant training, supervision and client experience hours and pass the CTA exam in Organisational TA. If you have already gained accreditation as a CTA (Certified Transactional Analyst) in Organisational TA, you can easily convert this to an MSc via our Accredited Prior Learning (APL) system. Please contact The Berne Institute for information: office@theberne.com

"I delivered this multinational IT project below budget, ahead of schedule and without the usual stress for me and my team. My manager wanted to know how I did this. My answer? By applying Berne's boundary model and consciously contracting on roles."
 (Current Student)

This programme is quality assured by Middlesex University and you will receive a Middlesex award on successful completion.

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Promoting Excellence, Autonomy & Homonomy