

EATA Newsletter

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EATA NEWSLETTER

EUROPEAN ASSOCIATION FOR TRANSACTIONAL
ANALYSIS N° 132 October 2021



The purpose of the European Association for Transactional Analysis is the following:

- To promote knowledge and research on Transactional Analysis, to develop its theory, and to ensure agreed standards of practice.
- To promote cooperation in Europe in the field of Transactional Analysis.
- Membership: the members of the Association are affiliated members of EATA through their national, regional, international or specialist TA Associations, which are affiliated with EATA.
- The rights and conditions of Affiliation are decided by the EATA Council and laid down in the Council Regulations.
- Only exceptionally individual members can be accepted where special circumstances warrant this.

Content

President's Note

Online Conference - TA Research and Theory Development, Developing Autonomy and Resilience – EATA & TAUS 2021.

A Biography of Fanita English published

Corner on Ethics

Exam Corner

Editorial

Dear members, dear readers,

In this issue, as usual, we are presenting the current state of affairs in our organization. EATA Research conference was held in online format this year, with great success and important lessons learned about the potential for online conferences becoming the future standard not just for extraordinary situations such as pandemic, but even beyond that. EATA Ethic Advisor shared his reflections on dilemma's regarding dominant use of digital social network platforms in the context of developing and conducting professional relations and contact. Conference Chair shared more information and general impressions about TDRC Conference in her report. Executive Committee welcomed new members who are presented in the President note by Peter Rudolph, EATA President.

Keep yourself informed
Kindly yours,

Kristina Brajovic Car
EATA Newsletter Editor



President's note

by Peter Rudoph

Dear members of EATA,

dear TA colleagues from all over the world,
before I start with an overview and some reflections about the activities of EATA and EC I want to introduce the new members of EC.

As we had to say goodbye to Barbara Clarkson and Sylvia Schachner as Vice-president (she re-entered as president – elect), council elected two new vice presidents.

My name is Aleksandra Djuric, I am new Vice president of EATA. I was interim chair of ECC (July 2020- July 2021).

I appreciate your support. My goal is to learn in this process and contribute to our joint mission: developing the TA community, respecting important TA values, and respecting cultural diversity.

Also, I am a mother of two beautiful girls, CTA in psychotherapy, 101 TA instructor in TAUS, delegate for Serbia (SATA, TAUS), Ph.D., and professor in vocational studies. I believe in the power of teamwork: "If you want to go fast, go alone, if you want to go far, go together (African Proverb)".

Best, Aleksandra



Mirjam te Slaa. As a new delegate for NVTA, the Dutch TA organization, I was elected Vice President in July of this year. That was both a surprise and a great honor. It's a beautiful position to learn and develop myself further as a TA professional and to contribute to the TA community on an international level. I find that an exciting challenge.

As vice president in the Executive Committee, I want to contribute to the further development of EATA when it comes to dealing with and taking a stand in the challenges of a changing world, next to being an equal partner for the affiliated associations. I'm a PTSTA-C and self-employed counselor/coach. I work both with teams and individual clients. In my work I can deeply appreciate the courage with which people dare to (re) find their physis and make a choice for change.

Elina Belyayeva has taken the role of ECC – chair and we look forward to a rich and fruitful cooperation with Elina and this important committee.

I'm Elina Belyayeva and I am the new intern chair of ECC of EATA. I'm from Kazakhstan, used to live in Poland and now my main location is in Germany. I'm CTA in psychotherapy field, PiA (Psychotherapeut in Ausbildung) and delegate for Kazakhstan (TADO, AlmATA). In ECC our goal is to help national associations to get support in their ideas about development of TA. If you have any questions, suggestions, ideas etc, you are very welcome to contact me.

As EC we are happy to be a complete team now and look forward to a challenging and inspiring time. Instead of many words – I show you an overview about our activities and about the self-concept of EC. These are some of the projects we work with. To develop a policy and by this to stimulate a more structured development of EC we put the concrete tasks into four groups. These groups are

- Operative work and services – supporting the ongoing work of EATA.
- EATA organization development – internal – working to improve EATA as a professional association run by volunteers
- EATA organization development – external – working to improve the relationship of EATA in the world TA community and with other organizations
- identity – dealing with the questions who we are and where do we want to go.



EC 2021 -2022

Tasks, projects
and self-understanding



"You're right... it's probably not a good idea that you represent in the
with that that's occurred in a while, then?"

Review contracts

statutes review

Clarify EAP liaison

Affiliated Presidents platform

Clarifying risk management
procedures

Developing the connection between
Chairs and EC further

Process Facilitator

Affiliation

Georgia

Budget

Contracts with new chairs

Support and accompany committees

Ethic complaints

Conferences

Unwinding Birmingham

Online exam framing

Outreach



Podcast

newsletter

coop ITAA/ FTAA

Supporting countries with
less than 25 members

Bursaries

CMS common mission statement

Past presidents meeting

Meeting with chairs of committees



Now I want to speak about some 'vital' topics:

Sylvia Schachner and I offered to Kazakhstan associations the performance of a shortened Outreach-program in online format. The colleagues of TADO and AlmaTA, Olga Kaloshina and Diyaram Kasimova (with their teams), organized excellent working conditions with interested participants. It was enriching for Sylvia and me to encounter so many colleagues from 'young' organizations. In some parts we felt the history of Kazakhstan between us and it was competent and touching to speak about the impact of a challenging history in our life. Altogether, it was a successful meeting and I hope that we can read a report about it in the next Newsletter.

There have been more meetings like this in Europe in this time – just 2 examples of many: IAT had a meeting in South Italy about societal/ social change and its' impact on human and work, in the south of Germany a group of Transactional analysts met about the topic 'Appreciating Values'.



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Small meetings like these take place in many different nations. Important professional, ethical and political issues are discussed and reflected. These exchanges are expression and essential part of the richness of TA. Speaking with your neighbourhood and across the borders and contribute to the world – this is an asset.

I would appreciate if this deep, precious and professional exchange about relevant questions of the world could be presented more visible for more members – neighbourhood – news (maybe a column in the newsletter?)!

A constant topic in these years is the development of online exam formats. The latest news you will find on the homepage of EATA. Together with ITAA we worked on a procedure which enables us to come to a result, where the mutual recognition can be remained. This

was achieved between PTSC/COC and IBOC/PSC in most parts of the exam. Nevertheless, we realized that we have different views regarding the TSTA-online-teaching exam. The different views are not arbitrary but an expression of our different conditions, needs and backgrounds. Both sides work hard to hold the common frame and PTSC works intensely to find bridges to achieve mutual recognition.

In my point of view the tension between protecting and developing the quality on one hand and customer focus on the other is managed well. We are convinced that we will overcome the differences that arise from our different assessments in a stabile ok-ok mode.

We are delighted that the cooperation with ITAA develops very well. The cooperation between Script (ITAA) and newsletter (EATA) becomes part of our normal world – thank you, Kristina Brajovic Car, (Newsletter editor) for your openness and flexibility. The Worldwide Webinar team (WWW-Team), a structural cooperation with ITAA works excellent and successful. The next webinar deals with neurodiversity in TA work and takes place on the 14th of December at 3 pm UTC. Thank you, Kristina Tomanova, for chairing this team and, Leilani Mitchell, for your never- ending power and also to the other members as well.

The introduction of an effective and reliable intranet is a never ending or at least really long story but we work with it in a more optimistic attitude.

I cannot emphasize enough my gratitude to all those who do an intense, professional and engaged work for EATA – especially the chairs of the committees and commission and taskforces, to the officers with special function, to the engaged and active members. It is a pleasure to take the responsibility for my role on this base.

EC will meet in November in a hybrid conference and we will review our policy and concretize our projects for the next time. If you want to give us stimulations for the agenda – please let us know.

Warmly (for EC)
Peter Rudolph



Online Conference – TA Research and Theory Development, Developing Autonomy and Resilience – EATA & TAUS 2021.

Written by Maja Pavlov, PTSTA, Chair of the Conference



TA Research and Theory Development Conference DEVELOPING AUTONOMY AND RESILIENCE

July 16. ——— 17. 2021.

When EATA presented us with the possibility of organising Research and Theory Development Conference, great challenge was laying ahead of TAUS. In this time of uncertainty in our country, as well as in whole region, we were looking forward to the opportunity of seeing our participants face to face.

However, taking into account current situation in Europe regarding pandemic, we decided that the best format for our Conference would be hybrid and then definitely online. This lead us to new possibilities, as there were colleagues from EATA- a and ITAA, who could finally take part in this kind of event, which hasn't been much attended in the last couple of years. Date for the Conference was set to 16th and 17th of July.

Our organising team was established in August of 2020, and with the help of EATA we were working hard on supplying necessary technical conditions to make this event happen. First to form were Organising and Scientific committee and they were in constant communication with board of EATA. Barbara Clarkson PTSTA, ex vice president of EATA, helped us to define key points of this protocol. Biljana Van Rijn TSTA was chosen for the chair of the Scientific committee and with the help of her colleagues Kristina Brajovi -Car PTSTA and Aleksandra Djuri CTA, she reviewed the submitted papers and put together the programme for the Conference. As appointed chair of the event (Maja Pavlov), I had the task to connect and communicate with Scientific and Communication committees, as well as with the administration of EATA. We put our trust in Eventbrite and the Link Centre, international company that cooperates with our colleagues from the UK. I would like to take this opportunity to thank John Wilsone and his team, as well as Leilani Mitchell for all their assistance and collaboration. 10 interpreters were taking part in our Conference, and they were translating to 11 different languages.

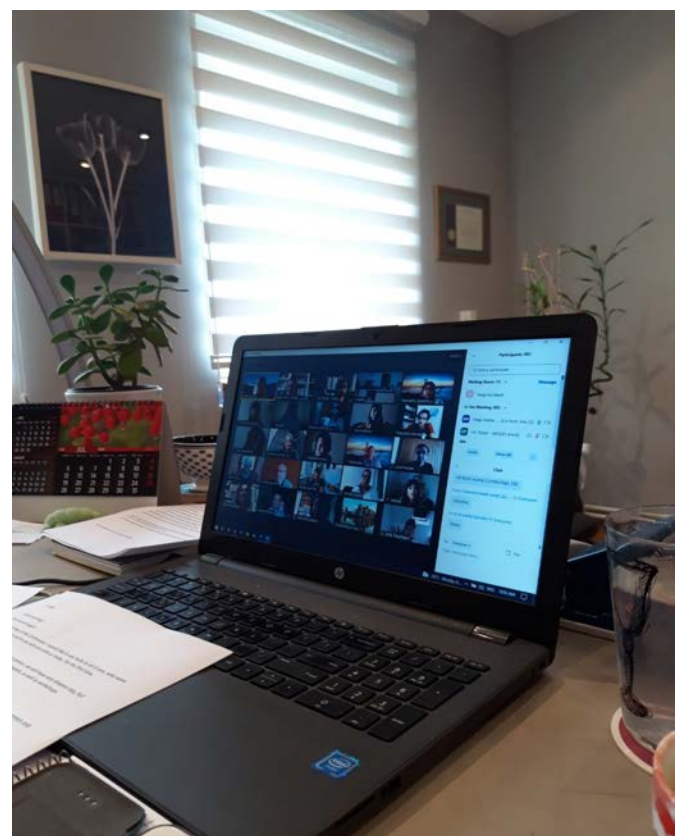
How has the conference been for you ? Please give us three words that describe your experience.

Mentimeter



The Conference had three keynote speakers, that opened the morning part of the event with two significant lectures—one for every day of the Conference. This years keynote speakers, chosen by the Scientific board, were Laura Bastianelli TSTA, from Italy, with her lecture: „What do you test after you say hello? A story of the IRPIR research group work“ and Graeme Summers CTA (UK) and Keith Tudor TSTA (New Zeland) with their speech –„Table Tennis and Theory: Metaperspectives for Thinking about Theoretical Development and Design in Transactional Analysis“.

237 participants were attending our Conference and they had an opportunity to hear 18 research papers, two posters and one panel, as well as take part in 22 workshops. This was significant number of activities, taking into account the nature of Research Conference.



Well deserved award for scientific contribution went to Biljana Van Rijn, TSTA. This conference challenged us to face new ways in which we can conduct our work. The main advantage was that great number of our colleagues, students and TA aficionados could take part in numerous activities that were going on in different online rooms.

At the end of the Conference, when the sessions were over, we presented short documentary about origin and growth of TA community in Serbia. The certificate of attendance was given to all participants, and they also had the opportunity to access the recordings of the event for the period of 60 days after the Conference. Enjoyable atmosphere of co-creating was surrounding the participants of the event and once again we had the chance to establish our affiliation to TA, as well as to scientific part of TA community.



A Biography of Fanita English

by Sigrid Röhl

The biography of Fanita English, the great old lady of Transactional Analysis (TA), written by Sigrid Röhl, has now been published. Having been first published in German in 2004, this updated and revised version in English is now available.



The book tells the exciting story of the life of 105 years and the work of Fanita English, an extraordinary woman, therapist, consultant and author. Born into a Jewish family in 1916, she grew up in Rumania und Turkey, was educated in Great Britain and France, then fled to America to escape from the Nazi regime. She worked as a child therapist and psychoanalyst until she discovered TA and Gestalt therapy.

She was trained by Eric Berne and David Kupfer and then went on to study Gestalt therapy under Fritz Perls. TA became the centerpiece of her life and work. You will learn about the beginnings of TA and how she influenced it with her essential ideas and concepts. Important terms of TA are explained clearly and Fanita's concepts are presented, for example the three-concerned contract, her idea of substitute feelings and behavior (racket, racketeering), type 1 and type 2, the "hot potatoe", her understanding of script and her concept of the three motivators and how they came into being.

The book provides Fanita's perspectives on important therapeutic directions of the past century: not only psychoanalysis, Gestalt therapy and TA, but also family therapy and group dynamics.

This biography is also the wonderful story of a woman's development from a sad girl and unhappy wife to a strong, independent, creative and charming personality who kept her curiosity until the end of her life.

As Elana Leigh, past-president of ITAA, writes in her moving introduction: "In reading Fanita's life story it becomes clear how, through periods of significant loss and grief, her determination and creativity supported her survival and success. These qualities have underpinned her encouragement of others to do similarly; to challenge systems, Sleeping Beauty-like, and personal fears in order to become the best version of themselves as well as create sustainable change. In this way, she has made a significant contribution to the International Transactional Analysis community. Having woken up to herself and living true to her values and philosophies have inspired many to strive to do the same."

At the end of this book, you will also find an excellent comment from Bill Cornell. For instance, about her idea of script he says: "...in contrast to other script theories, Fanita offered a model in which script was determining rather than determined. It is the sense of the future, the call of the future, that informed and mobilized her model of script. For Fanita, the call of the future was every bit as important, perhaps more important, than the call of the past. While never denying the problematic and limiting potential of an individual's script, she did not equate these limits with the heart of script. Script, as Fanita lived it and taught it, was stubbornly creative; it provided the necessary means for psychological structure and meaning making."

Sigrid Röhl: Fanita English, A therapist's life and work. From psychoanalysis to Transactional Analysis and Gestalt therapy. (Paperback, with a foreword by past president of ITAA Elana Leigh and a comment from Bill Cornell)
Books on demand, ISBN 978-3-7543-3250-4, as paperback and e-book

Corner on Ethics

Robin Hobbes
EATA Ethical Advisor

Online – Social Media What's to be Done?

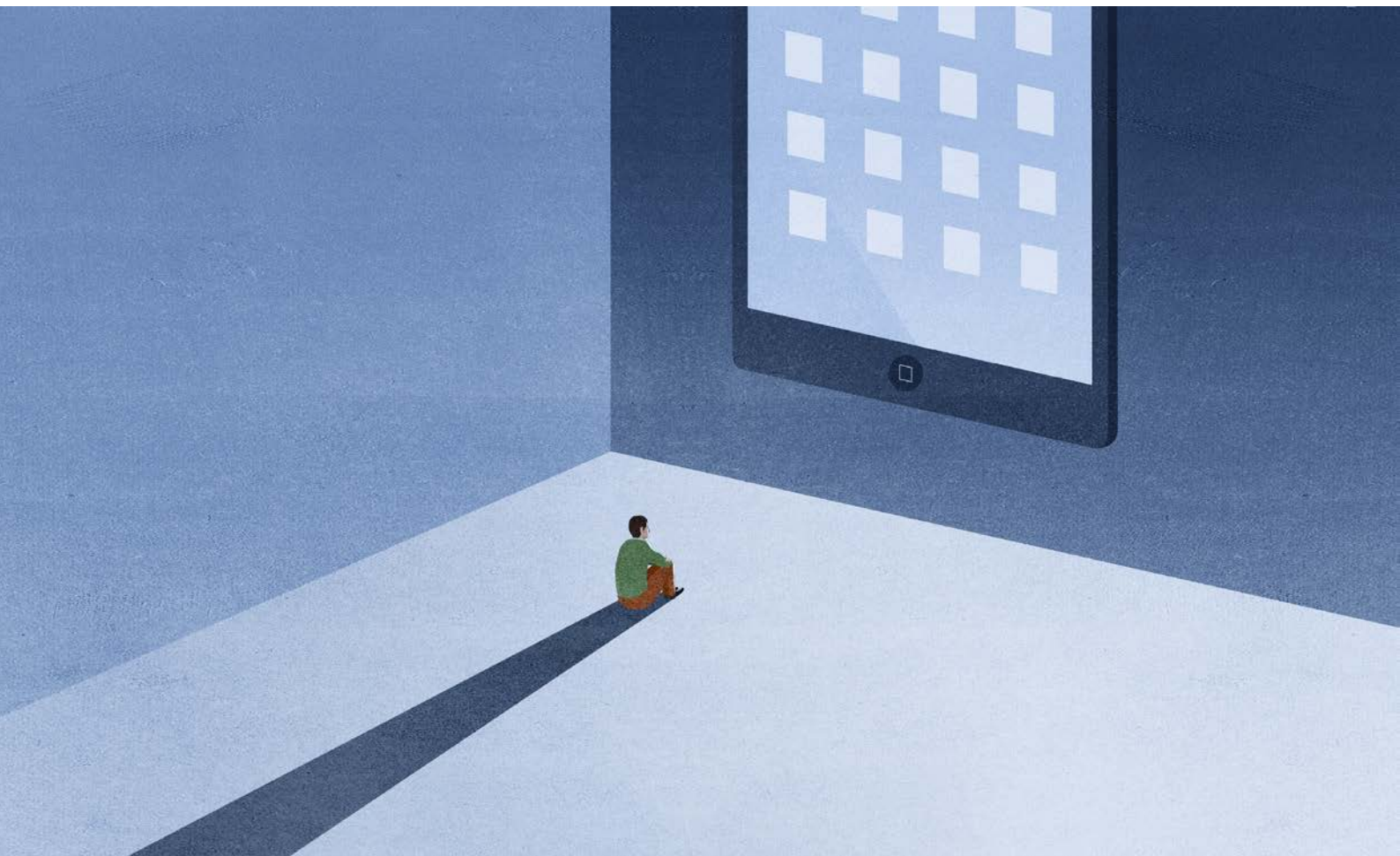
At the online Council meeting in July Council decided to ask me to gather together some guidelines on some ways we can professionally engage with each other in the online world – including of course use of social media platforms. This request followed Peter, our president, and myself having a discussion on how the online world and developing social media platforms are impacting on the TA world. The decision Council took in July was to delegate me to present a document at the next full Council meeting (July 2022) in which some of the issues/guidelines we might consider can be discussed.



With this in mind I wanted to share with you some of my preliminary thoughts on this. It would be really helpful if anyone who wishes to, shares their thoughts with me. Please email me on ethics-advisor@eatanews.org. I do intend to involve our Communication Committee and will meet with them. But also if any of your affiliated organisations have devised guidelines for the use of social media please do send them to me in addition to any comments you might have on this matter.

Before I turn to some questions to consider let me give some context to this. I'm going to draw on some information provided by the American Psychology Association. Social networking and online involvement is a relatively new phenomenon but very popular. Well over 60% of adults in Europe use some form of social media. Psychology practitioners are also using social networking in ever increasing numbers. In 2010 over 80% of psychology professionals had used some form of social networking and all indications are that these numbers are increasing. There is a larger proportion of under 30's using social media but the older cohort is catching up!

In my experience there has been a massive increase in the use of video calling in the provision of Transactional Analysis services. This has included both the direct provision of services such as coaching, and forms of TA therapy and supervision and training. I think one question for us as a professional community is to what extent does or doesn't this matter? By "matter" I mean do we need to give special attention to this? Our community has structures and practices that we require its members to abide by. I am thinking of things such as the maintenance of privacy or engagement in respectful communication that could just as easily and directly apply to the world of social media.



There has been interesting findings from recent research on social media. One group of researchers found in 2009 that 60 percent of medical schools in their sample reported instances of medical students posting unprofessional online content, which included disclosure of patient confidentiality, profanity, discriminatory language, depiction of intoxication and sexually suggestive material. Another group found that 98 percent of doctoral psychology students had searched for at least one client's information over the past year, even though most reported that searching for clients online appeared to have no clinical relevance.

We certainly need to think about whether or not we need to put something out into our communities on social media usage.

To what extent are the services provided online comparable to face to face services? Do they improve the delivery of training, supervision, coaching and therapy or do they diminish what is provided?

I recently, briefly, looked within the UK for any social media policy in the counselling and psychotherapy world. Some bodies have constructed social media policies – and looked at the extent to which training and supervision should be delivered online. Looking at them they all have a general educative function providing practitioners with information on social media and online processes. I wonder does EATA and its affiliated organisations need to also provide some form of education on these matters?

These organisations also often have a “best practices” function. They explicitly write, albeit in general terms, about what would be a “best practice” usage of social media and online provision. They particularly emphasise the maintenance of privacy and not inadvertently transgressing that principle. Also they encourage a mindful approach to the impact of social media and online communication on others. Should we develop a “best practice” code? Should we require affiliated organisations to develop their own if they haven't already done so?

If you have time please do let me have any thoughts you might have on this. You don't need to send me detailed thoughts it is to give me and ultimately EATA some idea about where you, our members, are on these important issues.

Exam Corner

Online exam July 14/15, 2021

Successfull CTAs

Elena Chivu,	CTA-P
Iryna Demerkovy,	CTA-P
Alla Goleneva,	CTA-P
Anca Petruta Lihanceanu,	CTA-P
Anja Mihevc,	CTA-P
Valentina Stamená,	CTA-P
Gabrielle Stein,	CTA-O
Mariya Zagurskaya,	CTA-P

Thanks to examiners:

Alan Jones, Alessandra Braga, Alina Comendant, Anne Timpson, Berit Fahlén, Cor van Geffen, Debbie Gillespie, Elena Lazarenko, Ganna Konoplianyk, Grace Lam, Joanna Gosk, Karina Heiligers, Linda O'Hern, Luca Fornari, Manon Bongers, Marco Zaniboni, Michela Carmignani, Nea Ildiko Clar, Patrick Brook, Rakhima Kuandykova, Rebecca Petersen, Rosalind Sharples, Rossella Iannucci, Alina Brigitte Rus, Serhii Kukharuk, Sisko Torkkeli, Sonja Billmann, Sylva Jolliffe, Tanja Kernland, Tanja Krist, Tin Vanderhoeven, Traian Bossenmayer, Valentyna Zakharchenko, Valérie Cionca.

Exam supervisor: Elyane Alleysson

Online Teaching Organization Ethic (TOE) exam, July 2021



Dina Kononova, Ganna Golovan, Kateryna Bulhakova, Nicky Worrall, Orlando Granati, Stan Madore, Tess Elliott ,
Ronen Stilman, Bev Gibbons

Thanks to examiners:

Anette Dielmann, Antonella Fornaro, Barbara Monk-Steel, Biljana van Rijn, Boris Volodin, Carole Shadbolt, Charlotte Sills, Cristina Caizzi, Dmitri Shustov, Dominique Gérard, Evelyne Papaux, Geoff Hopping, Isabelle Taquin, Jacqueline van Gent, John Renwick, Julie Hay, Lin Cheung, Mayke Wagner-Froböse, Michele D'Errico, Peter Rudolph, Raffaella Mastromarino, Sylvie Rossi

Process Facilitators for CTA Exams were

Biljana van Rijn
Evelyne Papaux
Julie Hay

Process Facilitators for the TSTA TOE Boards were

Anette Dielmann
Barbara Monk Steel
Charlotte Sills
Enid Welford
Evelyne Papaux
Geoff Hopping
Peter Rudolph

The Online Exam Supervisor was

Cathy McQuaid with
Enid Welford
Rachel Curtis

Special exam Italy, June 18/19, 2021

Successful CTA candidates, all in the field of psychotherapy

Abatelli Alessandra
Antonelli Michela
Borrelli Beatrice
Casagrande Paola
Cella Rosalia Giuseppa
Corsetti Maria Giovanna
Cossu Myriam
De Petris Chiara
Di Monte Gianluca
Domiano Giorgia
Farulla Carla
Floris Luca
Guido Rizzo Ilaria
Mastrolillo Lorena
Pavone Fabiana
Previdi Rossana
Pucci Giulia
Rotili Dario
Salvatori Giada
Scarpino Alessandra
Vitiello Federica
Zizi Bernardetta
Zuccarini Francesca

Thanks to examiners:

Adriana Mara, Angelucci Iolanda, Ascenzi Arianna, Barbarossa Rossella, Basiliotti Laura, Bastianelli Laura, Bianchini Susanna, Bodano Barbara, Boi Laura, Bove Silvana, Branca Valentina, Caizzi Cristina, Carozza Eleonora, Cau Luca, Carmignani Michela, Ceglia Sara, Ceridono Davide, Corrias Emilia, D'Alessandriis Lucio, D'Aversa Claudia, Deiana Valeria, De Nitto Carla, De Rossi Marina, Di Legge Daniela, Fanello Melania, Fulignoli Paola, Gaggi Chiara, Grossi Giuliano, Gubinelli Massimo, Licheri Francesca, Liverano Antonella, Loi Elisabetta, Lucarini Vincenzo, Mastromarino Raffaele, Messina Cinzia, Montixi Carla, Onnis Annarita, Panella Federica, Papagni Pasqua, Piermartini Beatrice, Pira Andrea, Pulvirenti

Exam coordinator: Silvia Tauriello
Assistant: Roberta Sanseverino, Clauida D'Aversa, Daniela Viale
Translators: Maria Luisa De Luca, Cristina Caizzi
Process Facilitator: Lucia Fruttero, Davide De Villa
EATA Moderator: Elyane Alleysson

They took their exam London, Ealing on 21st of
May 2020

Successful CTAs in the field of psychotherapy

Simone KAPTUR
Letizia PUCCI
Sallie WARD
David WEALE

Congratulations!

ONLINE GROUPS for 2021 - 2022

Online and international - based in UK

Advanced Training Group

Taking place on 8 Saturdays during the academic year, our Online Advanced Training Group is for those who have completed formal training and are on the journey towards exam preparation:

Are you looking to complete the hours requirements for the CTA exam? Do you have written work to complete and would like supervision or further theory input within a group setting?

The Advanced Training Group meets 9,00am - 1.00pm UK time, Content may include elements of supervision, discussion, theory exploration, sharing articles - the agenda is set by the group.

About the trainers

Beren Aldridge PTSTA(P) and Michelle Hyams-Ssekasi PTSTA(P), are experienced therapists and supervisors and are core trainers on our clinical training programme.

Membership of the Group is for a min of 5 dates during the year. Cost £300 for 5 days. £60 for each additional date. 25 Sept 2021, 23 Oct, 27 Nov, 22 Jan 2022, 12 Feb, 9 Apr, 7 May, 8 Jun,

Exam Preparation Group

Taking place on 10 days during the year, our Exam Preparation Group will support you preparing for your CTA written and oral exams. Through individually tailored development activities such as discussions, planning or writing sections of the case study and mock exams, we will give you the understanding you need for both the written and oral exam processes.

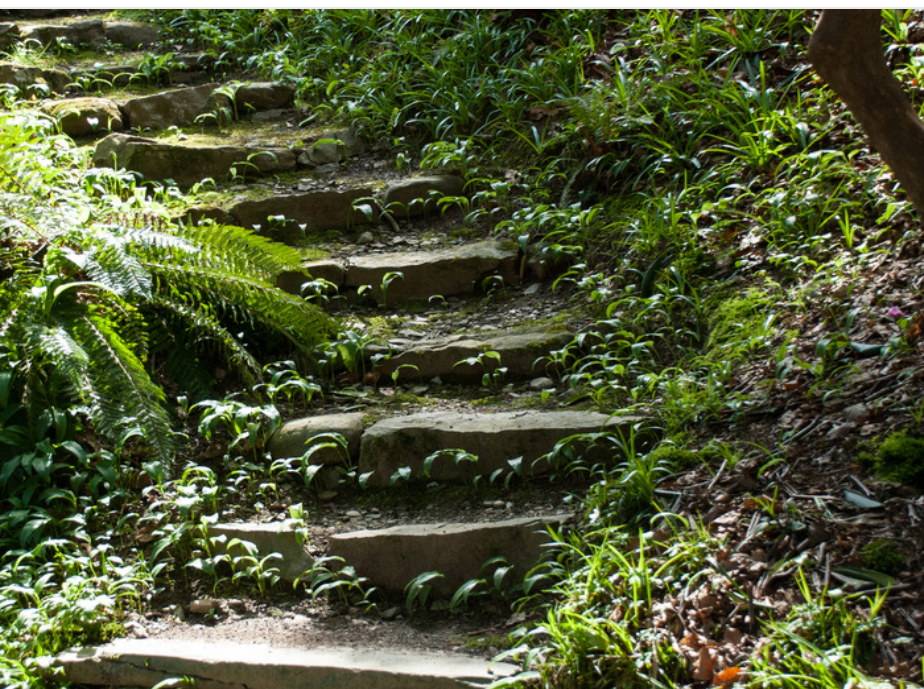
About the trainers

Bev Gibbons PTSTA(P) and Andy Williams TSTA(P), are experienced therapists and supervisors who have successfully supervised candidates through both the CTA written and oral exam process.

Membership of the Group is for a min of 5 dates during the year. £375 for 5 days. £75 for each additional date. Dates: Sat 4 Sept 2021, Fri 15 Oct, Sat 27 Nov, Fri 10 Dec, Sat 8 Jan 2022, Fri 11 Feb, Sat 19 Mar, Fri 8 Aril, Sat 7 May, Fri 10 Jun. All dates are 9.00am - 4.00pm UK time.

www.tatraining.org
contact@tatraining.org
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The Space Between: Disconnection and Connection

Explore the transitional space where something has been left behind, but has not yet fully become something new.

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A warm, inclusive welcome to all therapy practitioners, counsellors, psychologists and therapists of any persuasion.

We especially welcome TA practitioners from all fields. Just £25 for the day

Keynote: Cathy McQuaid TSTA(P)

Plenary: Matthew Elton DipTAC,

Workshop presenters : Ian Tomlinson, Katrina Garg, Alastair Berlin, Hanna Konoplianyk, Sally Evans, Steph Oates, Nicole Lenner, Traian Bossenmayer, Alexis Brink and Beren Aldridge

NETAC Online TA Conference

Online 6 November 2021

9.30am - 5.00pm UK Time

For tickets or more information

go to www.netaconf.wordpress.com

or email info.netac@gmail.com





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Friday – Sunday 3 – 5 September 2021 Online

Friday – Sunday 25 – 27 February 2022 TBA

Friday – Sunday 9 – 11 September 2022 TBA

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